May 2021 **CACFP SUPPER MENU**

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|  Monday |  Tuesday |  Wednesday |  Thursday |  Friday |
| Date\_\_3Food Items/Portion Size:#1 Muffin Fun Lunch (2M, 2 G) Muffin 2oz. (1G) Goldfish .75oz. (1G) Yogurt 4 oz. (1M) Cheese stick (1M)#2 Fresh Celery (½ C.)#3 Applesauce Cup(1/2 C )#4 Milk (8 oz.)  | Date\_4 Food Items/Portion Size:1# PBJ Fun Lunch (2M, 2G)Uncrustable2.6oz.(1G/1M) Goldfish.75oz(1 G)Cheese Stick (1M)#2 Fresh Carrots (½ C.)#3 Peach Cup (½ C.)#4 Milk (8 oz.)  | Date\_5Food Items/Portion Size:#1 Cereal Fun Lunch (2M, 2G)Cereal 1oz. (1G) Goldfish.75oz(1 G)Yogurt 4 oz.(1M)Cheese stick (1M)#2 Fresh Celery (½ C.)#3 Applesauce Cup (½ C.)#4 Milk (8 oz.) | Date\_6Food Items/Portion Size:#1 Turkey & Cheese Sandwich (2M, 2 G)#2 Fresh Cherry Tomatoes (1/2 C.)#3 Peach Cup (1/2 C.)#4 Milk (8 oz.) | Date\_7Food Items/Portion Size:#1 Muffin Fun Lunch (2M, 2 G) Muffin 2oz. (1G) Goldfish .75oz. (1G) Yogurt 4 oz. (1M) Cheese stick (1M)#2 Fresh Carrots (½ C.)#3 Raisins (1/2 C )#4 Milk (8 oz.)  |
| Date\_\_10 Food Items/Portion Size:#1 Apple & PBl Fun Lunch (2M, 2G) Apple Slices 2oz (1/2C.) Goldfish .75oz.(1G) Peanut Butter 4 TBSP (2M)#2Fresh Celery (1/2 C.)#3 Milk (8 oz.)  | Date\_\_11Food Items/Portion Size:#1 PB J Fun Lunch (2M, 2G)Uncrustable2.6oz.(1G/1M) Goldfish.75oz(1 G)Cheese Stick (1M)#2 Fresh Carrots (½ C.)#3 Applesauce Cup (½ C.)#4 Milk (8 oz.) | Date\_\_12Food Items/Portion Size:#1 Muffin Fun Lunch (2M, 2 G) Muffin 2oz. (1G) Goldfish .75oz. (1G) Yogurt 4 oz. (1M) Cheese stick (1M)#2 Fresh Celery (½ C.)#3 Peach Cup (1/2 C )#4 Milk (8 oz.)  | Date\_\_13Food Items/Portion Size:#1 Cereal Fun Lunch (2M, 2G)Cereal 1oz. (1G) Goldfish.75oz(1 G)Yogurt 4 oz.(1M)Cheese stick (1M)#2 Fresh Carrots (½ C.)#3 Applesauce Cup (½ C.)#4 Milk (8 oz.)  | Date\_\_14Food Items/Portion Size:#1 Muffin Fun Lunch (2M, 2 G) Muffin 2oz. (1G) Goldfish .75oz. (1G) Yogurt 4 oz. (1M) Cheese stick (1M)#2 Fresh Cherry Tomatoes (½ C.)#3 Raisins (1/2 C )#4 Milk (8 oz.)  |
| Date\_\_17 Food Items/Portion Size:#1 Muffin Fun Lunch (2M, 2 G) Muffin 2oz. (1G) Goldfish .75oz. (1G) Yogurt 4 oz. (1M) Cheese stick (1M)#2 Fresh Cherry Tomatoes (½ C.)#3 Applesauce Cup (1/2 C )#4 Milk (8 oz.)  | Date\_\_18Food Items/Portion Size:1# PBJ Fun Lunch (2M, 2G)Uncrustable2.6oz.(1G/1M) Goldfish.75oz(1 G)Cheese Stick (1M)#2 Fresh Carrots (½ C.)#3 Peach Cup (½ C.)#4 Milk (8 oz.) | Date\_\_19Food Items/Portion Size:#1 Muffin Fun Lunch (2M, 2 G) Muffin 2oz. (1G) Goldfish .75oz. (1G) Yogurt 4 oz. (1M) Cheese stick (1M)#2 Fresh Celery (½ C.)#3 Applesauce Cup (1/2 C )#4 Milk (8 oz.)  | Date\_\_20Food Items/Portion Size:1 Turkey & Cheese Sandwich (2M, 2 G)#2 Fresh Cherry Tomatoes (1/2 C.)#3Peach Cup (1/2 C.)#4 Milk (8 oz.)  | Date\_\_21Food Items/Portion Size:1# PBJ Fun Lunch (2M, 2G)Uncrustable2.6oz.(1G/1M) Goldfish.75oz(1 G)Cheese Stick (1M)#2 Fresh Carrots (½ C.)#3 Fresh Fruit (½ C.)#4 Milk (8 oz.) |
| Date\_\_24 Food Items/Portion Size:#1 Muffin Fun Lunch (2M, 2 G) Muffin 2oz. (1G) Goldfish .75oz. (1G) Yogurt 4 oz. (1M) Cheese stick (1M)#2 Fresh Cherry Tomatoes (½ C.)#3 Applesauce Cup (1/2 C )#4 Milk (8 oz.)  | Date\_\_25Food Items/Portion Size:1# PBJ Fun Lunch (2M, 2G)Uncrustable2.6oz.(1G/1M) Goldfish.75oz(1 G)Cheese Stick (1M)#2 Fresh Carrots (½ C.)#3 Peach Cup (½ C.)#4 Milk (8 oz.) |   |   |  |