May 2021 **CACFP SUPPER MENU**

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| Monday | Tuesday | Wednesday | Thursday | Friday |
| Date\_\_3  Food Items/Portion Size:  #1 Muffin Fun Lunch (2M, 2 G)  Muffin 2oz. (1G) Goldfish .75oz. (1G)  Yogurt 4 oz. (1M) Cheese stick (1M)  #2 Fresh Celery (½ C.)  #3 Applesauce Cup(1/2 C )  #4 Milk (8 oz.) | Date\_4  Food Items/Portion Size:  1# PBJ Fun Lunch (2M, 2G)  Uncrustable2.6oz.(1G/1M) Goldfish.75oz(1 G)  Cheese Stick (1M)  #2 Fresh Carrots (½ C.)  #3 Peach Cup (½ C.)  #4 Milk (8 oz.) | Date\_5  Food Items/Portion Size:  #1 Cereal Fun Lunch (2M, 2G)  Cereal 1oz. (1G) Goldfish.75oz(1 G)  Yogurt 4 oz.(1M)Cheese stick (1M)  #2 Fresh Celery (½ C.)  #3 Applesauce Cup (½ C.)  #4 Milk (8 oz.) | Date\_6  Food Items/Portion Size:  #1 Turkey & Cheese Sandwich (2M, 2 G)  #2 Fresh Cherry Tomatoes (1/2 C.)  #3 Peach Cup (1/2 C.)  #4 Milk (8 oz.) | Date\_7  Food Items/Portion Size:  #1 Muffin Fun Lunch (2M, 2 G)  Muffin 2oz. (1G) Goldfish .75oz. (1G)  Yogurt 4 oz. (1M) Cheese stick (1M)  #2 Fresh Carrots (½ C.)  #3 Raisins (1/2 C )  #4 Milk (8 oz.) |
| Date\_\_10  Food Items/Portion Size:  #1 Apple & PBl Fun Lunch (2M, 2G)  Apple Slices 2oz (1/2C.) Goldfish .75oz.(1G)  Peanut Butter 4 TBSP (2M)  #2Fresh Celery (1/2 C.)  #3 Milk (8 oz.) | Date\_\_11  Food Items/Portion Size:  #1 PB J Fun Lunch (2M, 2G)  Uncrustable2.6oz.(1G/1M) Goldfish.75oz(1 G)  Cheese Stick (1M)  #2 Fresh Carrots (½ C.)  #3 Applesauce Cup (½ C.)  #4 Milk (8 oz.) | Date\_\_12  Food Items/Portion Size:  #1 Muffin Fun Lunch (2M, 2 G)  Muffin 2oz. (1G) Goldfish .75oz. (1G)  Yogurt 4 oz. (1M) Cheese stick (1M)  #2 Fresh Celery (½ C.)  #3 Peach Cup (1/2 C )  #4 Milk (8 oz.) | Date\_\_13  Food Items/Portion Size:  #1 Cereal Fun Lunch (2M, 2G)  Cereal 1oz. (1G) Goldfish.75oz(1 G)  Yogurt 4 oz.(1M)Cheese stick (1M)  #2 Fresh Carrots (½ C.)  #3 Applesauce Cup (½ C.)  #4 Milk (8 oz.) | Date\_\_14  Food Items/Portion Size:  #1 Muffin Fun Lunch (2M, 2 G)  Muffin 2oz. (1G) Goldfish .75oz. (1G)  Yogurt 4 oz. (1M) Cheese stick (1M)  #2 Fresh Cherry Tomatoes (½ C.)  #3 Raisins (1/2 C )  #4 Milk (8 oz.) |
| Date\_\_17  Food Items/Portion Size:  #1 Muffin Fun Lunch (2M, 2 G)  Muffin 2oz. (1G) Goldfish .75oz. (1G)  Yogurt 4 oz. (1M) Cheese stick (1M)  #2 Fresh Cherry Tomatoes (½ C.)  #3 Applesauce Cup (1/2 C )  #4 Milk (8 oz.) | Date\_\_18  Food Items/Portion Size:  1# PBJ Fun Lunch (2M, 2G)  Uncrustable2.6oz.(1G/1M) Goldfish.75oz(1 G)  Cheese Stick (1M)  #2 Fresh Carrots (½ C.)  #3 Peach Cup (½ C.)  #4 Milk (8 oz.) | Date\_\_19  Food Items/Portion Size:  #1 Muffin Fun Lunch (2M, 2 G)  Muffin 2oz. (1G) Goldfish .75oz. (1G)  Yogurt 4 oz. (1M) Cheese stick (1M)  #2 Fresh Celery (½ C.)  #3 Applesauce Cup (1/2 C )  #4 Milk (8 oz.) | Date\_\_20  Food Items/Portion Size:  1 Turkey & Cheese Sandwich (2M, 2 G)  #2 Fresh Cherry Tomatoes (1/2 C.)  #3Peach Cup (1/2 C.)  #4 Milk (8 oz.) | Date\_\_21  Food Items/Portion Size:  1# PBJ Fun Lunch (2M, 2G)  Uncrustable2.6oz.(1G/1M) Goldfish.75oz(1 G)  Cheese Stick (1M)  #2 Fresh Carrots (½ C.)  #3 Fresh Fruit (½ C.)  #4 Milk (8 oz.) |
| Date\_\_24  Food Items/Portion Size:  #1 Muffin Fun Lunch (2M, 2 G)  Muffin 2oz. (1G) Goldfish .75oz. (1G)  Yogurt 4 oz. (1M) Cheese stick (1M)  #2 Fresh Cherry Tomatoes (½ C.)  #3 Applesauce Cup (1/2 C )  #4 Milk (8 oz.) | Date\_\_25  Food Items/Portion Size:  1# PBJ Fun Lunch (2M, 2G)  Uncrustable2.6oz.(1G/1M) Goldfish.75oz(1 G)  Cheese Stick (1M)  #2 Fresh Carrots (½ C.)  #3 Peach Cup (½ C.)  #4 Milk (8 oz.) |  |  |  |